



# ***Season of Creation***

**Sesotho**

## EUCCHARISTIC PRAYER FOR SEASON OF CREATION

Morena a be le Iona

**'Me a be le uena**

Phahamisang lipelo tsa Iona

**Re li phahamisetsa ho Morena**

A re leboheng Morena Molimo oa rona

**Hoa tsoanelo ho mo leboha le ho mo rorisa**

Rea o leboha rea o rorisa Molimo ea matla 'ohle, ka bohlale o re tsamaisa tseleng ea bophelo 'me ore baballa le ho re sireletska ka lerato le mosa oa hao. Rea o leboha ka lerato hobane re tlile 'moho tafoleng ena ka lebitso la Mora oa hao letsibolo la tlholeho eohle. Ho eena lintho tsohle tse bonoang le tse sa bonoeng li ile tsa hloloa ha 'moho 'me tsa kopanngoa ha 'moho, Rea o leboha hobane oilo oa romela moea oa hao o halaleng ho re etsa lelapa le lecha ho o sebeletska 'moho le tlholeho eohle.

Ka hoo 'moho le mehlolo ya tlholeho eohle, le lipina le lithoriso re kopana le libupua tsohle le lhloliloeng tsohle tsa leholimo le lefatshe re phatlalatsa khanya ya lebitso la hao re re :

**Ua halalela, ua halalela, ua halalela**

**Morena Molimo oa bonatla**

**Leholimo le lefatse li tletse khanya ea hao**

**Hosanna maholimong.**

Molimo oa tlholeho eohle romela moea oa hao holima botle ba lefatse, le holima limpho tse na tsa bohobe le veine ele hore ho tsona re tle elloe le ho amohela bottalo ba Kreste ea tsohileng : bohobe bo robiloe veine e tsetsoe, 'mele o nehelanoe, mali a tsolohile.

Ka bosiu bo a ileng a nehelana ka eena Jesu Kreste, 'moho le barutuo ba hae, ba ile ba hopola bokhabane le botle ba tlholeho le selekane seo a sentseng le bakhethoa ba hao. Ka hoo a nka bohobe a o leboha, a bo hlohonlofatsa a bo roba a ntse are; Nkang sena Iona bohle 'me le je, hona ke 'Mele oa ka o tla nehelonoa ka baka la Iona.

Ka tsela e tsoanang a nka senoelo, a boela a o leboha le ho a se neha barutuo ba hae a ntse are : Nkang sena le noe le boohle, hobane sena ke mali aka a selekane se secha, a tsolleloang Iona le ba bangata tsoareleng ea libe etsang hona khopotsong eaka. '

Joale re phatlalatsa sephiri sa tumelo

**Kreste o shoele**

**Kreste o tsohile**

**Kreste otla boela a e-tla**

Ha re hopola lefu le tsoho ea Morena oa rona Jesu Kreste, re ketekela botle ba lefatse kopano ea rona 'moho lefatseng le karolelano ea rona ea litsebo, le bonono bo re ruisang maphelong a rona re

arolelana senoelo sa botho ba rona ba rona ba di qholotso tse ngatangata tse sa baloeng tse bileng teng lefatshe; ho phela ha rona, le ho shoa ha rona, tsabo ya rona le tsepo ya rona , le boleng le ho hloka boleng.

'Moho le bohole ba tlisang ntshetso pele mobung, bao ba re arolelanang le bona, ba re tla ba sielang ona, re arolelana bohobe bona re phahamisa senoelo sena phethahatsong ya melao ya Molimo : Ka eena ha 'moho le eena le ho eena le kopano ya moea o halalelang khanya eohle le tlhompho le tlotla ebe ho uena ntate mora le moea o halaleng joale le ka mehla.

Amen

### BEKE EA PELE: LIHLOLILOENG (LIMELA LE LIPHOOFOLO)

Ts'ebeletso ena e kaba ka la 4 Mphalane- St Francis Day

Ha batho ba atamela aletare ho amohela Selallo, ho ena le hore ho binoe sefela, ho ka bapaloa mmino oa meloli ea linonyana ele sesupo sa hore re rorisa Molimo le lihloliloeng tsohle.

Bana: Bana baka taka lits'oants'o tsa liphooftolo le limela ba li tlisa aletareng.

**Tumeliso:** "Hobane tsohle tse bopiloeng ke Molimo li ntle, mme ha ho letho le ts'oanetsoeng ho khesoa ha ho jeoa ka teboho; hobane tsohle li halalelitsoe ke lentsoe la Molimo le thapelo." (1 Tim 4:4,5)

**Pako:** re ipolela ka ts'enylo eo re e entseng ho lihloliloeng tsa Molimo, ho fihlela tse ling li timela.

**Sefela:** lebohang Morena ka botle ba tlholeho, ka limela le liphooftolo tseo ali hloliloeng,

### Thapelo ea letsatsi

Molimo 'mopi

Ka lerato la hau le sa fetoheng u bopile lintho tsohle  
ka botle le ka ho fapano,  
oa re ts'epela bolisa batsona;  
etsa hore re li rate mme re li hlokomele  
mme re sebeletse hore ebe tlhohonolofatso ho batho bohole ka matsatsi ohle;  
ka Morena le Mopholosi, Jeso Kreste,  
ea phelang mme a busang le oena le Moea o Halalelang,  
Molimo ale mong, ka mehla eohle.      **Amen**

Palo ea pele	Jobo 28: 1 - 11	Ke tlhokomeliso ea lihloliloeng tshohle le molemo oa tsona, le hore ke tlhohonolofatso ho batho.
Pesalema	Pesalema 148	Tlholeho eohle e nka karolo ho rorisa Molimo, eseng batho feela.
Palo ea bobeli	1 Tim 4: 1 – 5	Lihloliloeng tsohle tsa Molimo li ntle, ha ho letho le tlamehang ho khetholloa.
Thoko	Thoko 6	Pina ea tlholeho - APB p 346

Molaetsa o molemo	Matthew 6:25 – 33	Tiiso ea molaetsa o molemo hore Molimo O hlolile lintho tsohle hore libe ntle le hore re bone molemo oa tsona.
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## TLHOHONOLOFATSO

E eang lefats'eng ka thabo,  
 Ho kopana le 'Mopi ea le lebetseng;  
 Thabelang ho phapano le botle ba limela le liphooftlo tsa lefats'e leo Kreste a shoeleng hole pholosa.  
 Phelang matleng a moea o nchafatsang bophelo;  
 Mme tlhohonolofatso ea 'mopi,  
 Ntate oa bosafeleng, Mora ea tsoileng bafung le ts'episo ea Moea o halalelang  
 Li be le lona hore le fetohetlho tsohle tsohle ho ba bang kajenole ka mehla. **Amen**

## BEKE EA BOBELI: MOBU

Ho ka behoa litholoana le meroho Aletareng.  
 Ho sebelisoe bohobe bo pheiloeng/bakiloeng ke lebaka le haufinyan kapa emong oa phutheho le veine bakeng sa selallo.  
 Ha ts'ebeletso e fela, hoka hloekisoa ele ponts'o ea hore Lefats'e ke la Molimo. have  
 Bana –bana baka fuoa limela hore balo li lema hae.

Tumeliso : Lefats'e ke la Morena (Pesalema 24)

Pako: thuto e its'etlehe holima ts'ebeliso e mpe ea lefats'e, mobu o senyeile ka lebaka la mekhoe e mebe ea rona ea temo le meharo.

Sefela: rorisang Molimo ka lefats'e le tsohle tse ho lona.

## THAPELO EA LETSATSI

Molimo ea matla ohle  
 U bopile leholimo le efats'e  
 le tsohle tse ho lona,  
 oa ts'episa batho ba hau lefats'e la bona:  
 etsa hore re hlompho tsoohle tseo u li bopileng  
 ele hore retle re hlomphe litlhoko tsa batho bohle  
 hore ba fumane sebaka sa bona lefats'eng;  
 ka Kreste Morena oa rona  
 ea phelang mme a busa le Moea o halalelang  
 Molimo ale mong, joale le kamehla.

**Amen**

## LENTSOE LA MORENA

Palo ea pele	Khenese 12: 1 – 10	Pitso ea Molimo ho Abraham ea ho tlohela lehae la hae a qale leeto hoea lefats'eng la ts'episo.
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Pesalem a	Pesalema 126	Kutulo ea thabo e bakoang ke ts'ebeliso e ntle ea mobu.
Palo ea bobeli	Liketso 4: 32 – 37	Pelo nolo ea Barnabas ka ho rekisa ts'imo ea hae, mme chelate eo ae fa ba hlokang. Hona ho fapane hole le seo Ananias le Sapphira ba ileng base etsa. Acts 5
Thoko	Thoko 4	Rorisa Morena moea oaka– Thoko ea bona ba bararo
Molaets a o molemo	Mareka 4: 26 - 34	Lithutu tsa Jeso, O ne a sebelisa lits'oants'iso tsa lihloliloeng tseo batho baneng ba li bona.

### Tlhohonolofatso

Molimo ntate ale hlohonolofatse,  
 Ena a qalileng ka ho jala tholoana ea bophelo bosa feleng lipelong tsa lona;  
 Molimo Mora ale hlohonolofatse,  
 Ena a le hlohonolofatsang ka mafafatsane a pula le lerato;  
 Molimo Moea ale hlohonolofatse,  
 Ena ea tlisang botlalo ba bophelo;  
 'me tlhohonolofatso ea boraro bo halalelang ebe le lona kamehla  
 ele hore lebe tlhohonolofatso ho ba bang. **Amen**

### BEKE EA BORARO: METSI

Ts'ebeletso ena eka ts'oareloa ka ntle, ts'ebeletso le pakolika qala hon aka ntle. Phutheho eka feta tlasa metsi a phallang ka mora selallo ba its'oaea ka lets'oao la sefapano. Moruti aka fafatsa phutheho ka metsi a hlohonolofalitsoeng (holy water) ha ts'ebeletso e fela.  
 Pele ts'ebeletso e qala, phutheho e hopotsoe hore metsi sebelisoa ho tsoaka veine, sena ke pots'o ea bohloko ba metsi ele mpho ea Molimo.  
 Bana-baka ngola molaetsa likoping tsa pampiri (papercups) "Metsi ke mpho e tsoang ho Molimo".  
 'Me emong le emong a etsa ts'episo ea ho boloka metsi.

Tumeliso:"Linoka tsa Molimo li tletse metsi" (Psalm 65:9)

Pako: re ikopele ts'oarelo ka ho senya metsi ka litsela tse fapakaneng.

Sefela: ebe se buoang ka metsi

### Thapelo ea letsatsi

Molimo ea mohau  
 Mora oa hau ke mohloli oa metsi a bophelo:  
 Re fe mpho ea moea hore matlafatsa  
 Hore re bone bohloko ba metsi maphelong a rona,  
 Hore re ithute ho a baballa le ho a sebelisa hantle ele hore atle a re anele,  
 'me re sebetse ka thata hore batho bohole baa fumane,

Ka Jeso Kreste morena le mopholosi oa rona. **Amen**

Palo ea pele	Phallo 17: 1 – 7	Ha Maisiraele ale lefelleng, bane ba nyoriloe mme ba hoeletsa ho Molimo. Moshe o ile a otla lefika sebakeng sa Massah le Meribah, sena o ilea se etsa ho ba hopotsa hore na “Molimo ona le bona?”
Pesalema	Pesalema 65: 4 – 13	Metsi ke botebo ba thapelo ea teboho lefats'eng.
Palo ea bobeli	Ts'enolo 22: 1 – 5	Metsi a tlisa bophelo, ke ka hona Kreste eleng metsi a bophelo ‘me mang kapa mang a noang ho a keke a hlola a nyoroa. ‘Me metsi aka silafatsoa ha bobebé, a tlisa mafu le lefu ho batho le liphofolo tsa Molimo.
Molaetsa o molemo	John 4: 4 – 15	Jeso o batla ho fa mosali oa Mosamaria metsi a bophelo, feela joalo kaha re hloka metsi ho inyorolla..Jeso ona batla ho bonts'a hore re hloka metsi joalo feela ele sejo sa moea ‘me metsi ao ke ena.

### Tlhohonolofatso

Molimo mohloli oa bophelo le tsohle tse ntle,  
 Hlohonolofatsa lihlolioeng tsohle,  
 le bana ba hau,  
 ele hore utle uba sebelise ho itlotlisa le ho tlisa khotso ho batho ba hau;  
 ‘me Molimo ntate, a hlolileng metsi lefats'eng,  
 le Molimo Mora, ena mohloli oa metsi aphelisang ho bohole ba amohelang,  
 le Molimo Moea o halalelang, ena a nchafatsang meeaa ea rona ka nako tsohle,  
 ale hlohonolofatse ele hore letle le fetohetlhohonolofatso ho batho ba bang ka linako tsohle.

**Amen**

(phutheho e fumana tlhohonolofatso ea metsi)

### BEKE EA BONE: PHETOHO EA BOEMO A LEHOLIMO

Ho ena le ho khabisa ka lipalesa tse phelan, hoka khabisoa ka makhasi a omeletseng aa lifate lipalesa tsa khale/tse ponneng.

Bana: baka etsa tlhokomeliso hore nab aka boloka motlakase joang, mme mosebetsi oo oa bonoa oka tlisoa ka kerekeng oa bots'oa phutheho.

**Tumeliso:** lefat'se lea omella ‘me le lahleheloa ke boleng ...lefats'e le silafatsoa tlasa tlhokomelo ea rona. (Isaiah 24:4,5)

Pako: re ikopela ts'oarelo ka ho silafatsa lefats'e ka mekhoa e fapaneng; ekaba ka ho kuta lifate, leka ts'ebeliso e mpe ea motlakase.

Sefela: hoka binoa sefela sa bolisa, sa ho hlokamelisa phutheho hore re fuoe boikarabello ba lihlolioeng.

## **Thapelo ea letsatsi**

Molimo ea matla ohle

U bopile maholimo le lefats'e le tsohle tse ho lona,

Oa ba oa bopa motho ka sets'oants'o sa hau,

'me hoa ba hotle:

Etsa hore re hlokomele hore re hlokile tok a ho lihloliloeng

'me ka mohau oa hau re etse tsohle ho boloka bohloeki ba tikoloho;

ka Kreste Morena oa rona

ea tlileng hore re fumane bophelo bosa feleng.

**Amen**

Palo ea pele	Khenese 6:11-14; 7:11-8:4; 9:8-15	Molimo o pholosa motho arekeng, empa a pholosa liphoofofolo tse fapakaneng. 'Me Molimo a etsa selekane hore a keke a felisa lefats'e hape.
Pesaleme	Pesaleme 24:1-6	Lefats'e ke la Morena, 'me O mema bohole ba hloekileng ho arolelana le ena tlholeho.
Palo ea bobeli	Baroma 8: 18 – 27	Tlholeho e hoeletsa ka sello se hlabang, e emetse bana ba Molimo ho iponahatsa. Ke nako ea hore re eme ka maoto re nke kaolo ho hlokomela leho sireletsa tlholeho.
Thoko	Thoko 6	Thoko ea tlholeho - APB p 346
Molaetsa o molemo	Mareka 16: 1 - 8	Tsoho ea Morena ere hopotsa hore hona le bophelo ka mora lefu, ts'epo ka mora ho nyahama pelo.

## **Tlhohonolofatso**

E eang ka boits'epo le ts'epo eo le pholositoeng ka eona;

latelang Kreste eo lintho tsohle li entsoeng ka ena;

ka matla a Moea o halalelang ebang lisupo tsa ts'epo lefats'eng;

'me tlhohonolofatso ea Molimo 'Mopi,

Ntate oa bosafeleng, Mora ea tsohileng bafung le ts'episo ea Moea o halalelang

Libe le lona ka mehla le mehla. **Amen**

## **BEKE EA BOHLANO: TLHOKHEHO EA MEHARO**

Bekeng ena, phutheho eka kupua ho tla le lijo tse sa boleng ha bobobebe (eg tin staff) ele hore little li fuoe batho ba hlokang. Lijo tseo lika sebelisoa ho khabisa aletare.

Pele ts'ebeletso e qala, phutheho e hopotsoe hore motho ka mong a nke selallo bohobe bole bong (wafer), hona ke sesupo sa hore mahlong a Molimo rea lekana. Ka mora ts'ebeletso, botsa phutheho na hone ho k aba joang ha motho k among an aka nka mahobe a leshome asa nahanele ba bang

Bana: bana baka lokisetsa phutheho lijonyana bakeng sa ka mora ts'ebeletso (snacks), ka mora moo botsa bana na ba ikutloile joang ho arolela phutheho lijo.

**Tumeliso:** Maisiraele a ile a thoanaka manna, e itse haba sheba hantle; ba fumana hore ba thoanakileng haholo ha baaka ba saloa ke letho, ‘me ba thoanakileng hanyane ha ba kabab a lapa: bane ban a ho lekaneng hore ba khore. (Phallo 16:18}

**Pako:** hare ikopeletse ts’oarello ka meharo le ho inahna bo rona resa nahanele baahisane le rona lefats’eng.

**Sefela:** hoka binoa se nang le molaetsa oa ho arolelana maruo.

### Thapelo ea letsatsi

Molimo oa bosafeleng  
 U fa selemo moqhaka oa botle  
 U re fa litholoana tsa lefats’e ka nako ea tsona:  
 Etsa hore re li sebelise ka nepo ho tlotsisa lebitso la hau,  
 Ho imolla ba hlokang  
 Le bakeng sa boiketlo ba rona;  
 ka Jeso Kreste Morena oa rona.

**Amen**

Palo ea pele	Phallo16: 13 – 21	Molimo o fa batho bah ae lijo hoseng le mantsibuea, O fana ka ho lekaneng hore mong le mong a khore. Bang ba ile ba nka ho feta tekanyo, tsa tsoha li bolile letsatsi le hlahlamang.
Pesaleme	Pesaleme 104: 26 – 35	Molimo O fa lihlolioeng tsohle lijo
Palo ea bobeli	2 Corinthians 9: 6 – 15	Re lokela ho arolalana le ban aba bo rona tseo Molimo a re fileng, rese tlohele baahisane ho hlopheha empa re na le hona.
Thoko	Thoko 4	Pina ea Ezekiel – APB p 344
Molaetsa o molemo	Luke 12: 13 – 21	Re ikarabella ho Molimo ka tsohle tseo re nang le tsona. Boikarabello ba motho ke ka seo “A” se jetseng, seo “A” se entseng, seo “A” tlang ho se kotula le se tlang ho mo tsoela molemo.

### Tlhohonolofatso

Molimo ‘Mopi, mohloli oa tseo re li hlokang:  
 Kreste Mopholosi ke mohloli oa tlhohonolofatso tsa hau;  
 Moea o halalelang ke matla le paki ea hau ka mehla;  
 tsamaeang ka sebete ho sebeletsa lefats’e ka lebitso la Molimo;  
 ‘mme tlhohonolofatso ea Molimo ‘Mopi,  
 Ntate oa bosafeleng, Mora ea tsohileng bafung le ts’episo ea Moea o halalelang  
 Li be le Iona ‘me le fetohetlhohonolofatso ho batho ba bang.

**Amen**

## **Mesebetsi eka etsuoang nakong ea popo**

### **1. Temo ea lifate**

Phato ke khoeli ea “Arbor”, ke nako eo likereke lika eletsang phutheho ho lema lifate; e kaba kerekeng kappa malapeng. Batho baka khetha ho lema lifata ka mabaka a fapananeng; bang haba tiiseletsoa, bang haba kolobetsoa, ba bang ka matsatsi a bona a tsoalo, ka sehopotso sa lenyalo joalo joalo. Ho ka lengoa lifate tsa litholoana kappa tsa khetho ea motho k among.

Thapelo eat emo ea lifate

Mohloli oa bophelo le ‘Mopi oa peo le mobu, oa sefate le palesa, U bopile lefats’e le tsohle tse ho lona. Re tlisa ho Oena teboho le thoriso, hobane ke oena Mohloli le ‘Moloki oa bophelo. Melu ea sefate sena ha eke e tebe, makala a sona a pharalle mme tholoana ea sona ebe lerato. Ka lebitso la ‘Mopi, ‘Maballi le Mophelisi. Amen.

- 2. Ts’ebuletso botleng ba tlholeho:** ts’ebuletso ea sehlabelo sa mmisa e ka ts’oareloa ka ntle ele hore phutheho e utloe boteng ba Molimo tlholehong. Ts’ebuletso tse fapananeng lika etssetsoa libakeng tse fapananen: e kaba ka morung kappa thabeng joalo joalo. Empa ha hole thata ho hlophisa, hoka qaloa hanyane ka kereke ka ntle feela, mabaleng a kereke.
- 3. Ho hloekisa tikoloho:** phutheho eka hlophisa hore etle e hloekise tikiloho ele ho khutlisa bohloeki ba sebaka se nese se fetohile moo ho akheloang lits’ila. Mohlomong ho hloekisoe le tikoloho kerekeng.
- 4. Tlhahlolo ea tikoloho:** ela hloko hore na kereke e sebelisa metsi, motlakase le pampiri tse kae. Ho eloe hloko hore ha hona lipimpo tse lutlang, ho sebellisoe mabone a bolokang motlakase.
- 5. Ho etsa lirapa tsa manyolo a hloeking(organic gardens):** phutheho e khothalettsoa ho lema meroho..ka Phato ho etsoe ts’ebuletso ea ho hlonolofatsa lijalo tseo. Ha lijalo li se li tla kotuloa, hoka etsoa ts’ebuletso ea kotulo ea pele ho leboha Molimo. Se seng sa sebaka kerekeng sekafetoloa serapa sa lijalo.

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