

Read this First!

Thank you for purchasing the **Just Food?** pack!

This document tells you about how you can use the pack, and a few ways in which you can take things further. As well as the five themed films (and a bonus sixth from A Rocha Canada) which should open automatically on your DVD-player, there are masses of extra resources contained in seven folders below. Most documents are PDFs (free reader from www.adobe.com/uk). Others are MS Word and MS PowerPoint (Word & PowerPoint Viewer from www.microsoft.com/downloads; in search box enter 'Home & Office').

We'd also love you to get more involved with A Rocha! A Rocha helps you take action – whether that be changes in your lifestyle, getting involved in your local community, or maybe even helping out on an international scale.

Why not sign up as an A Rocha Friend? It is absolutely free of charge and we will send you a booklet about A Rocha along with a copy of our magazine. As a Friend you will receive regular news of our work through our free magazine, which we produce three times a year. We will also send you our monthly e-News by email, full of our latest information and project updates. In return, we hope that you will be inspired to help care for God's creation, both in your local community and in your own lifestyle choices. To become an A Rocha Friend, either print out the 'A Rocha UK Friends' leaflet in the **Going Deeper** folder, or simply send your full name, address (including post code), phone number and email details to uk@arocha.org with a note saying you would like to join us.

Get your church involved with A Rocha. We run the Eco-Congregation scheme in England & Wales and encourage local churches to become 'A Rocha Eco-Congregations', taking practical steps to think biblically, act locally and live sustainably. More details are at www.arocha.org.uk/churches.

Just Food? Pack Contents

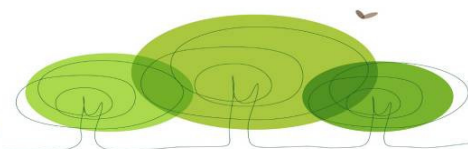
(in addition to the five themed films and the bonus 'Just Growing' film from A Rocha Canada)

1. All Good Gifts Around Us (celebrating God's gift of food)

- Sermon (PDF and MS Word) based on Genesis 1:26-31 & John 2:1-11
- PowerPoint presentation to illustrate sermon
- Bible Study (PDF)
- Prayers (PDF and MS Word)
- Children's Activities (PDF)

2. The Price we pay for Food (thinking biblically about food systems)

- Sermon (PDF and MS Word) based on Leviticus 25:1-12, 18-24 & Luke 12:16-21
- PowerPoint presentation to illustrate sermon
- Bible Study (PDF)
- Prayers (PDF and MS Word)



- Children’s Activities (PDF)

3. Just Food: Eat LESS (justice, community and relationship)

- Sermon (PDF and MS Word) based on 1 Corinthians 10:23-31 & Luke 4:14-21
- PowerPoint presentation to illustrate sermon
- Bible Study (PDF)
- Prayers (PDF and MS Word)
- Children’s Activities (PDF)

4. Bread of Life (living out the values of God’s Kingdom in our food)

- Sermon (PDF and MS Word) based on Hosea 2:18-23 & John 6: 5-12, 48-51
- PowerPoint presentation to illustrate sermon
- Bible Study (PDF)
- Prayers (PDF and MS Word)
- Children’s Activities (PDF)

5. Feeding the Body of Christ (Holy Communion & the heavenly banquet)

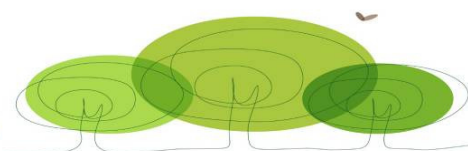
- Sermon (PDF and MS Word) based on Luke 14:1, 7-24 & 1 Corinthians 12:12-27
- PowerPoint presentation to illustrate sermon
- Bible Study (PDF)
- Prayers (PDF and MS Word)
- Children’s Activities (PDF)

6. Worship Resources

- Creation Care Creed (PDF) *(written by Lynda Taylor)*
- Holy Communion Liturgy on Food (PDF & MS Word) *(prepared by Rev Dave Bookless)*
- Informal Service Order (PDF & MS Word) *(prepared by Pippa Campbell-Clause)*
- Songs & Hymns (PDF)
- Tasty Morcels – Food Facts & Quotes (PDF) *(useful background for preachers, leaders)*
- “We are Blessed” (MP3, PDF & PowerPoint) *(song by Andy Flanagan)*

7. Going Deeper

- Just Food: Further Resources *(useful list of books, articles, films and websites)*
- ‘A Rocha UK Friends’ *(printable leaflet to sign up as a Friend of A Rocha UK)*
- ‘A few simple rules for Eating’ *(practical suggestions from Michael Pollan)*
- GrowZones *(introduction to a practical way of community food-growing)*
- ‘Thinking Christianly about Global Food Issues’ *(essential background paper from R J Berry)*
- ‘Jesus is coming: Plant a tree’ *(superb creation theology from N. T. [Tom] Wright)*
- ‘A Living Creature’ *(Biblical perspective on land use by Prof. Ellen Davis)*
- ‘Eucharistic Eating’ *(Essay on intensive meat-production as idolatry by Prof. Michael Northcott)*
- ‘Salmon and Sacrament’ *(Eucharist as protest against global capitalism by Prof. M. Northcott)*
- UN Agro-ecology Report
- Foresight Report - Future of Food & Farming *(summary of this important report)*



Acknowledgements

Funding: Many thanks to The Drummond Trust for a grant enabling the production of videos for this pack.

Writing & Editing: Marie Birkinshaw, Dave Bookless, Pippa Campbell-Clause, Jenny Greenhouse and Lynda Taylor all wrote materials for the pack – thanks for all the hard work, especially when things got stressful! Thanks to Michael Irfan Roy who helped with typing and editing, and to Jade Greasley and Sarah Pillow for help with sourcing pictures. Many thanks to the Bible Society, Sam (R J) Berry, Ellen Davis, Michael Northcott, Tom (N T) Wright, www.flourishonline.org and www.growzones.com for permission to include printed articles, and to Andy Flanagan for materials for his song 'We are Blessed' (www.andyflan.com/organicworship).

Films: Tim Dendy for overseeing the project and editing the films, Anne & Dave Bookless, Brother Sam, Will & Pip Campbell-Clause, Colin Conroy, Kailean Khongsai, Michael Northcott, Alex Smeed, Ruth Valerio, Jeremy Williams. Also thanks to 'Five Door Films' and A Rocha Canada for the use of 'Just Growing'.

Design & Production: Thanks to Tiphonie Beeke for her illustrations, Iain Gutteridge for pack design, Tim Dendy for formatting and to Branded Media for production of the pack.

